



Pack it Light. Wear it Right. Backpack Safety Resource Order Form for Schools

These resources are FREE to your school or parent group. To order, please call or complete this order form and fax or mail to:

British Columbia Chiropractic Association
 #125– 3751 Shell Road, Richmond, British Columbia V6X 2W2
 Tel. 604-270-1332 Fax 604-278-0093
 For more information or to download backpack safety materials log onto
www.bcchiro.com

“Pack it Light. Wear it Right.” Backpack Safety Awareness Materials	Package Quantity	Number of Packages Requested
Fact sheet: Perfect handout for children.	50 pieces	
Pamphlet: Great for parents.	50 pieces	
Activity Booklet: Four pages of activities for children including a colouring sheet, word search, tips, and personal backpack assessment/activity sheet. Suitable for children aged 6 to 12 years old.	50 booklets	
Poster: Pack it Light. Wear it Right. Actual size 18”x24”.	2 posters	
Information Package: Includes background information and letters to Educators and Parents.		

Name:	Title:
School:	Grade(s):
Address:	Postal Code:
City:	Telephone:
Email Address:	

Speaker Service

The BCCA offers a complimentary speaker service, in which a chiropractor from your local area can be made available to speak to the students, parents, and/or teachers at your school. To facilitate this service, please provide the following information.

Date required:	Time required:
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Size of group:	Ages/Grades:
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Topics of Interest: 1. Backpack Safety, 2. Sports Injuries, 3. Spinal health, 4. Computer Ergonomics, 5. Proper Posture, 6. Back and Muscle Pain, 7. Career in Chiropractic, 8. Other, please specify: